

Brampton Developing Age-Friendly Strategy

BRAMPTON: The City of Brampton is developing an age-friendly strategy to make the City a better place to live at all stages of life.

Have your say! Resident are invited to participate in the upcoming public Age Friendly Forum on Saturday, January 19, 2019 from 9:30am-2:00pm at Flower City Seniors' Centre (8870 McLaughlin Road South)

In Fall 2018, three public workshops were held to engage with the community to understand how the City can be more age-friendly. In addition, a survey was conducted to inform the direction for the City's Age-Friendly Strategy.

A baseline assessment report was prepared which includes an examination of existing policies and an assessment of existing



age-friendly strengths and opportunities for the City of Brampton. Comments or ideas can be emailed to agefriendly@brampton.ca or call 905.874.2054.

Brampton has a diverse and growing population. According to Census Canada, Brampton's seniors population rose by 40% between 2011 and 2016, to total

66,270. The City is working to become a leader in age-friendliness by ensuring that the aging community has access to necessary services, is valued and able to contribute to civic life, and has a suitable environment with strong supports in which they can remain healthy and age safely, with purpose and dignity.

In preparing for a rapidly growing aging population, the City is pursuing admission into the World Health Organization's (WHO) Network of Age-Friendly Cities and Communities. Brampton is committed to advancing public and policy goals that align with the World Health Organization's eight established focus areas that define an age-friendly community by:

- Outdoor spaces and public buildings that are pleasant, clean,

secure and physically accessible;

- Public transportation that is affordable and accessible;

- Housing that is affordable, appropriately located, well built, well designed and secure;

- Ensuring opportunities for seniors to participate in leisure, social, cultural and spiritual activities with people of all ages and cultures;

- Encouraging civic participation; improving access to information, and;

- Providing community support and access to health services tailored to the needs of seniors.

An Age-Friendly Brampton Advisory Committee has been established to lead the Age Friendly Strategy that responds to the needs of the community, which includes members of the public, citizens and stakeholders.

Brampton To Honour Outstanding Citizens; Nominations Invited



BRAMPTON: The City of Brampton is offering a recognition program for outstanding citizens in the community who have made achievements within the past year, in the following categories:

- The Sports Achievement Award recognizes Brampton residents whose achievements have been recognized at Provincial, National or International level.

- The Arts Acclaim Award recognizes individuals whose contribution has had a significant impact in terms of achieving local, Provincial, National or International acclaim.

- The Long Term Service Award recognizes dedicated volunteers whose efforts have made a significant impact towards the development and advancement of recreational sports, the arts and community social services.

- The Inspirational Award recognizes Brampton residents who advocate or practice humane action, or who have had an inspirational influence on others.

- The Emergency Services Award of Valour recognizes an individual or individuals, who risked their own life/lives while performing a heroic act to save

the life of another person.

- The Volunteer of the Year Award recognizes a Brampton Volunteer, as well as a Brampton Youth, who have demonstrated all-round community involvement, rather than a specific activity or contribution. This award recognizes local residents who build communities and who what can be achieved with passion and determination.

- The Senior of the Year Award recognizes a Brampton resident over the age of 65, that has achieved specific humanitarian efforts or has demonstrated passion and all-around involvement with community growth.

A Selection Committee of community members with subject matter expertise, along with elected City Officials, Brampton Fire and Emergency Services, Brampton Sports Alliance, Brampton Seniors Council and Peel Regional Police is appointed to review all nominations.

The nomination window for the 2018 Citizens Awards closes on January 13, 2019. Late nominations and self-nominations unfortunately, will not be considered. For more info, contact: citizens.awards@brampton.ca

'Pravasi Bhartiya Divas'

The Consulate General of India, Toronto will be organizing "Pravasi Bhartiya Divas" and the "Vishwa Hindi Divas" on 10 January 2019 from 1630hrs-1830hrs at the Consulate (#700, 365, Bloor Street East, Toronto)

to strengthen the bonds with the diaspora and to promote interest in the Hindi language especially among the children in the GTA.

Contact: welfare.toronto@mea.gov.in or culture.toronto@mea.gov.in

Take 20 Minutes To Learn Together On Jan. 27th - Family Literacy Day

2019 marks the 20th anniversary of Family Literacy Day. In celebration, ABC Life Literacy Canada is inviting families across the country to Take 20.

Take 20 minutes on January 27th and every day to learn together as a family by reading, singing and playing.

Engaging in literacy activities as a family improves a child's skills and also helps adults to keep their skills sharp.

Why not try one of these activities and see how much fun learning can be:

1. I Wonder Why? Go online as a family and learn something new. Ever wonder why the ocean and sky are blue?
2. Read ANYTHING: A comic book, blog, magazine or a letter from grandma. Read together and get in your 20 minutes each day.
3. Make Something Yummy: Follow a family recipe or create a new one together.
4. Travel the World: Your library card is your passport to travel the world and to take a learning journey.
5. Scientist in the House: Do a kitchen experiment or mix up a batch of playdough.
6. Deal Me In: Playing cards and keeping score is a fun way to



practice counting.

7. Shopper Time: Make a grocery list together with kids finding what's on the list and checking off the items (and maybe add a special treat!)

Visit FamilyLiteracyDay.ca for more activity ideas, free downloadable resources and to check

for local Family Literacy Day events.

Family Literacy Day was created by ABC Life Literacy Canada in 1999 and is celebrated nationally on January 27 to raise awareness of the importance of reading and engaging in other literacy-related activities as a family.

CIF Higher Education Forum In India

TORONTO: The Canada India Foundation (CIF) is organising a Higher Education Forum – India from 16 January 2019 to 19 January 2019 in New Delhi and Gandhinagar.

In New Delhi, CIF has partnered with Seneca College and the PHD Chamber of Commerce and Industry. In Gandhinagar, CIF has partnered with the Government of Gujarat's Department of Education and the Pandit Deendayal Petroleum University.

In New Delhi, CIF is collaborating with Seneca College to organize a panel discussion on Education and Skills Development, where panelists include representatives of Seneca College's Indian partners.

Subsequently, CIF and PHD Chamber of Commerce will conduct a panel discussion on Innovation and Enterprise.

In Gandhinagar, the delegation will take part in the Vibrant Gujarat Global Summit 2019, where

Canada India Foundation is a Partner Organisation.

CIF's Higher Education Forum, scheduled on 19 January 2019, has been included is a part of the Vibrant Gujarat Global Summit 2019. The panel discussion will be on Globalisation of Education: Prospects for Canada and India.

CIF is leading a delegation to the Higher Education Forum. It includes CIF members, stakeholders, academicians, academic administrators, immigration lawyers, and international students' recruitment agencies.

Those interested in joining the delegation can write to mayank@canadaindiafoundation.com

Siblings From Telangana Die In US Fire

HYDERABAD: Three teenagers of a family from Nalgonda district of Telangana died in a fire accident at Collierville in Tennessee in the US.

The siblings- Sathwika Naik (16), Suhan Naik (15) and Jaya Suchith (14), were studying there and attended a Christmas party at a local house which caught fire on December 24. The siblings' father Srinivas Naik, a resident of Gurrupu Thanda in Telangana, has rushed to the US. "The three children were studying in the USA. My uncle (Srinivas Naik) is a church pastor and runs a school there," Mahesh Naik, a relative said.

LIFE INSURANCE

MORTGAGE/LINE OF CREDIT INSURANCE

AGE	\$250,000 Male & Female		\$500,000 Male & Female		\$1000,000 Male & Female	
30 yrs.	\$10.04	\$7.63	\$14.99	\$14.31	\$28.80	\$18.00
40 yrs.	\$12.79	\$11.17	\$19.08	\$18.23	\$34.02	\$30.51
50 yrs.	\$27.74	\$23.28	\$48.20	\$35.91	\$93.96	\$65.79
60 yrs.	\$83.03	\$58.95	\$157.05	\$108.90	\$307.35	\$213.30

Rates quotes are preferred & non tobacco Term10 with medical test and rates are subject to change.

- ★ No Medical Test Life Insurance (up to age 85)
(even if you have Diabetes, Blood pressure, Heart Attack, Stroke, Cancer or Insurance declined by other companies)
- ★ Money Back (Life Insurance, Kids Life Insurance, Critical Illness and Disability Insurance)
- ★ Super Visa Insurance ★ Visitor Travel Insurance
- ★ RRSP ★ TFSA

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