

# Modi Leads Yoga Day Exercises In Dehradun



DEHRADUN, India: Some 50,000 people gathered with Indian Prime Minister Narendra Modi on Thursday in the Himalayan foothills to salute the power of yoga.

Modi travelled to the hill town of Dehradun for the fourth International Day of Yoga, and shortly after sunrise was doing yoga exercises with about 50,000 people.

Yoga "is enriching millions of lives all over the world," Modi said in a speech.

He also urged Indians to take pride in their heritage.

"The gems of India's unique heritage, such as yoga, will be respected by the world at large only when we ourselves respect our culture and traditions," he said.

Tens of thousands more people joined in mass yoga exercises across the country, from staff at the New Delhi airport to middle-class urbanites and students at countless schools.

More than 35 volunteers from different

foreign countries participated in the event and performed 21 yoga postures along with nearly 50,000 people who stretched their bodies in the sprawling lawn of Dehradun's Forest Research Institute lawn surrounded by Shivalik peaks from three sides. Modi said it is a proud moment for all Indians everywhere in the world who were welcoming the rising sun with yoga on the day.

Recalling the moment when he proposed before the UN to mark June 21 as International Day of Yoga, Modi said it was the only proposal that was cosponsored by maximum countries. Also it was the first proposal in the history of the world body to accept it in very short period.

"Now, every citizen of every country relates to yoga as its own," said Modi, urging people to understand the strength of India's knowledge and customs.

# Ford Announces Cutbacks In Various Areas

*Continued from page 3*

government ministries to cancel "subscription-based services" and to restrict out-of-province travel.

"The people of Ontario work hard for their money and they expect their tax dollars to go to the services we all depend on," Simon Jefferies said in a statement.

"We are also going to go line by line through the government's books to ensure value of money for the people of Ontario's tax dollars."

During the election campaign, Ford promised to launch an audit of government spending and to save billions each year by finding unspecified efficiencies, without cutting any jobs. The exact scope of the hiring freeze remains unclear but a source within the party says essential frontline staff, including those in policing, corrections and fire services, are exempt.

Any other hiring, aside from lateral moves within the public service or appointments required to fulfil collective agreements, must be officially approved by cabinet office before going forward.

The Tory cabinet is expected to be officially sworn in on June 29, however, a memo sent to deputy ministers and posted on the government website said the spending restrictions are effective immediately.

"Any planned expenditures that are not committed by contract and/or required to meet immediate legal obligations or address matters of health and safety are to be deferred pending further direction," it said.

"In cases where work is in progress,

an assessment should be undertaken and available options exercised as appropriate to slow and/or temporarily stop activities until further direction is received."

Other cutbacks include a ban on providing food and drinks for staff meetings and events, the cancellation of subscriptions to paper-based media such as magazines and newspapers, and reduced attendance at out-of-province events including inter-governmental meetings. Ford's office did not immediately respond when asked how much money the new measures would save.

The head of the Ontario Public Service Employees Union said he's not surprised by the decision to suspend hiring, but has concerns about how it may affect services and the 34,000 public sector workers the union represents.

OPSEU's president, Warren "Smokey" Thomas, said his phone was lighting up Monday with calls from worried members.

"People want to know, 'Am I going to get laid off? Am I still going to be doing the work of three people because my unit's been short...two people?'" he said. "They're just worried about being able to do their job." He said questions remain about who will be exempt from the freeze and how long it could last. "You have people who retire, people who get new jobs, people who leave," he said. "That all impacts frontline services. When you got to a Service Ontario counter and if two people there have retired and they don't replace them, well, that's less frontline service."

# Bid To Stabilize Kashmir



Kashmiri Hindu devotees known as "pandits" light oil lamps and offer prayers during the annual festival at the Kheer Bhawani temple in Tul Mul, outskirts of Srinagar, India, Wednesday, June 20, 2018. Hundreds of thousands of Hindus abandoned the valley for Hindu-dominated areas in the south after a Pakistani-backed separatist insurgency erupted in 1989. (AP Photo/Mukhtar Khan)

*Continued from page 3*

(BJP) decision to pull out of the Peoples Democratic Party (pdp)-led state government which was immediately followed by the resignation of Chief Minister Mehbooba Mufti. Vohra's recommendations for imposition of the Governor's Rule was made under the provisions of the Jammu and Kashmir Constitution which allows the state to be placed under the rule for six months. If an elected government fails to take office within the six-month period, the state can then be placed under the President's rule.

Bukhari, editor of "Rising Kashmir" newspaper, was shot dead along with two security guards in Srinagar on June 14.

Shops, public transport, other businesses and educational institutions remained shut on Thursday at most places in Srinagar while attendance in banks, post offices and government offices was thin due to non-availability of public transport.

Private transport and some three-wheelers, however, plied in uptown areas of Srinagar. Taxis and buses carrying tourists to Sonamarg, Pahalgam and Gulmarg hill stations operated as usual. Train services were suspended in the Kashmir Valley as a precaution. No incident of stone pelting was reported in the Valley. Despite the shutdown, Governor N.N. Vohra and all senior bureaucrats of the state government attended their offices in Srinagar.

Vohra's term of office was slated to end on June 25. Kovind however, extended Vohra's term of office for three months.

Informed sources told IANS that Vohra has expressed his desire not to seek another term of extension. He will be completing 10 years in office on June 25.

Unless Vohra agrees to continue, the appointment of a new Governor would become unavoidable by September 25.

Meanwhile, in New Delhi, Army chief General Bipin Rawat said that the imposition of governors rule in Jammu and Kashmir will not affect anti-terror operations and noted that there was no political interference. "Our operations will go on like they used to," he said.

"We only stopped our operations during Ramzan. But we saw what happened. The terrorists continued with their actions," General Rawat said on the sidelines of an event here.

The Centre had earlier this month decided not to extend its unilateral initiative, declared on May 16, to coincide with the holy month as terrorist activities continued in the Kashmir Valley.

Auto and Home Insurance at low prices: Great!  
Low prices with missing coverages: Not so Great

Get **proper** coverages on your  
Auto and Home Insurance at great prices



**AUTO**  
**HOME**  
**LIFE**  
**CRITICAL**  
**COMMERCIAL**

Call Harish  
for expert advice  
to insure things  
that you  
value

We also provide:

- Visitors-to-Canada Insurance
- Super Visa Insurance



**HARISH RAO**

CRM, DI

Director & Lead Broker

**905 276 9495**

harish@hrinsurance.ca

www.hrinsurance.ca



**AMBROZIAK & RAO**  
INSURANCE BROKERS INC.

250 Dundas St W, Suite 408, Mississauga, ON L5B 1J2  
Cell: 416 420 2383 • Fax: 905 276 5373





**PRUDENT**  
LAW  
REAL ESTATE | CORPORATE | CIVIL LITIGATION

## Have questions about your closing?

*Come in for a Free Consultation and review the entire process with a lawyer!*

**Residential Real Estate**

- ☑ Purchase
- ☑ Sale
- ☑ Refinance/Private Mortgage
- ☑ Pre-construction
- ☑ Review of status certificates

**Commercial Real estate**

- ☑ Purchase / sales (hotels, gas stations, commercial buildings, vacant land)
- ☑ Drafting of purchase and sale agreements
- ☑ Due diligence searches for commercial transactions

*We also provide corporate law and civil litigation services.*

Suite 543 - 33 City Centre Drive, Mississauga, ON, L5B 2N5

**PHONE: 905-361-9789 | info@prudentlaw.ca | WWW.PRUDENTLAW.CA**